



## CDM – Regulations and Best Practices Training

### Description

#### Introduction

A comprehensive review of the CDM Regulations and their practical implementation.

#### Objectives

This course will give participants:

- An overview of construction health and safety law, liability and enforcement
- A detailed understanding of the CDM Regulations and how they tie in with other key health and safety legislation
- An explanation of the roles and responsibilities of all duty holders (and how they may vary on different types of project and procurement routes) and the information requirements for the formal documentation (Pre Construction Information, Construction Phase Plan and Health & Safety File)
- Clear advice on current best practice for complying with the principles of the CDM Regulations
- An understanding of how risk assessment should be applied practically throughout the design and how this responsibility is then transferred to contractors
- Advice and guidance on how to integrate the requirements of CDM into a Company's business and project processes

#### Course outline

##### Introduction

- Why manage health and safety?
- The costs of accidents
- Construction industry statistics
- Why CDM?
- Health and safety culture in the construction industry

## Overview of health and safety law and liabilities

- Criminal and civil law
- Liability
- Enforcement and prosecution
- Compliance – how far do we go?
- Statutory duties

## Health and safety law in construction – The current framework

- Framework of relevant legislation
- Health and Safety at Work etc Act 1974
- Management of Health and Safety at Work Regulations 1999
- Construction (Design and Management) Regulations 2007
- Work at Height Regulations 2005
- Who is responsible for the risks created by construction work?
- Shared workplaces/shared responsibilities
- Control of contractors – importance of contract law

## CDM 2007 – the principles and current best practice

- Scope – what is construction?
- Application – when do they apply?
- The CDM management system
- Dutyholders (client, designer, CDM Co-ordinator, principal contractor, contractor)
- Documents (HSE Notification, H&S Plan, H&S File)
- Management process
- The 2007 Approved Code of Practice
- Clarification of roles and responsibilities

## Risk assessment and the role of the designer

- Principles of risk assessment
- Loss prevention/hazard management
- What is a suitable risk assessment?
- Design v construction risk assessment
- The client is a designer?
- Whose risk is it?

## Risk assessment exercise

- Understanding the principles of design risk assessment
- Identifying hazards under the control of clients and designers
- Quantifying the risk

## Competence under CDM 2007

- What is 'Competence'?

- The core criteria to be used in construction
- Achieving continuous improvement

### **Construction Health Safety and Welfare**

- Overview
- Responsibilities
- Welfare arrangements

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