



## Leadership Best Practices Training

### Description

#### Introduction

If you want to improve, enhance and empower your leadership skills, then this course is for you! This 10-day course series will aim to establish what some of the industry leaders do, to improve their organizations' position through effective leadership. This course will study the best practices from industry leaders whose techniques have proven to work in the local and global markets. Each module will include a way in which any potential leader in the market can apply the practices aimed at improving their own environment.

#### This course will feature:

- The practices and principles of dynamic leadership
- How to empower your employees
- Powerful interpersonal relationship skills
- Strategies for continuous improvement
- Practical, proactive steps for creating peak performance

#### Objectives

- Determine best practices of leaders through history and how to apply them today.
- Delegate and empower employees to maximize results and time management.
- Describe a change management model & the process of planning, communicating, & implementing change.
- Tap into and "inner power" to gain self-confidence and strength.
- Develop strategies for creating a positive work environment that fosters leadership.

#### Contents

#### Module 1: Leadership, Influence & Trust – Creating Professional Strategies Day One

## **Leadership Development and Influence**

- The challenge of personal leadership development
- Leadership roles that maximize potential
- Developing dynamic interpersonal relationship skills
- Discover the strategy of personal self-coaching
- Knowing the people influence factor
- Paradigms that Guide Thinking

### **Day Two**

#### **The Great Inner Leadership Discovery**

- Leadership from Within
- Self-Reflection and self esteem
- Understand how you Think
- The Character of a Leader
- Real Leaders are emotionally intelligent
- Balance in mind, body and spirit

### **Day Three**

#### **The Flexible, Resilient Change Leader**

- Making the change transition
- Responses to Change
- How to be resilient during change times
- Environmental change agents
- Change and Leadership Paradigms
- The Human Side of Change

### **Day Four**

#### **Trust or Rust Leadership**

- What is Trust Leadership?
- The Benefits of a High Trust Environment
- Restoring breached trust
- Building Capacity for Trust
- Personal Influence and Political Savvy
- Negotiating Agreement

### **Day Five**

#### **Creating a Winning Leadership Environment**

- Mind and action focus
- Developing the Win-Win Solution

- Tips on improving performance
- Leadership knowledge check
- Essential leadership qualities
- Action steps to take

## **Module 2: Leadership, Creativity & Peak Performance Day Six**

### **Creating Vision Impact**

- The leader as a Visionary
- The Power of Creative Vision
- The Leader's Influence on Culture
- How a leader facilitates the path to a Culture
- Implementing a Leadership Communication approach
- Models of best run Visionary Companies

### **Day Seven**

#### **Developing Inner Leadership Strength**

- Guide to knowing your leadership strengths
- How Leaders use their Emotional Intelligence
- Understanding the Leaders base of Power
- Understanding your inner spiritual dynamic
- Leaders Influence on people
- Managing your body and mind effectively

### **Day Eight**

#### **How a Leader Develops and Motivates His People**

- Secrets to involve others
- Best Practices of effective Mentors and Coaches
- The Motivating Leader
- How to motivate yourself and others
- Understanding the major types of motivation
- How a leader Creates an environment for self-motivation

### **Day Nine**

#### **How a Leader Maximises Resources more effectively**

- Best Practices to effectively delegate
- The benefits of delegation
- The barriers to delegation
- Establishing peak performance goal setting strategies
- Creating the climate for empowerment
- How to use time management, planning and prioritizing

## Day Ten

### How a Leader Builds a Peak Performance Culture

- The Leader as a Creative Thinker
- Building a Culture of Innovation and new ideas
- Characteristics of a high performing leader
- Putting Best Practices into Practice
- How to be proactive in your relationships
- Guide to Building a Personal Leadership Plan

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